Learning Styles Reflection

Understanding yourself better as a learner can assist you in making decisions that increase your success and, more importantly your enjoyment of learning. In order to earn credits for Applications of Learning 11 it is expected that you will participate in learning preference activities in order to figure out your learning preferences, that you will think about how your learning preferences help you or hinder you in your class work and then demonstrate your understanding of how your learning preferences impacts your decision-making in your classes. Please complete the following thinking each time you participate in a learning activity around learning preferences. You will be expected to return to this information throughout your time in the course. Feel free to bring in any other information you can gather from online quizzes to work like this that you have done previously to add to the learning you are doing in AoL class.

1.) List the name of the learning profile activity you completed
2.) BRIEFLY describe what the point of the activity was – Why were you doing it? What were you supposed to be understanding about yourself?
3.) Use whatever format works best for you to communicate what you learned about yourself – bullets, paragraphs, pictures, mindmapping, interview, etc,
4.) MOST IMPORTANTLY – Do you agree with what it tells you about yourself? Why? Why not? What evidence do you have that what it tells you is true?
5.) List at least 3 ways you could use this information in classes outside of the Applications course
6.) How can your AoL teacher work with you to use this information to have your learning more successful for you?